



The Vision Centre

Quality Eyecare | Affordable Eyewear



Guide to Sports Safety Eyewear

Here are a few helpful suggestions when choosing your sports and leisure lens options:

Angling

Lens suggestion: Grey, Grey Mirror, Yellow or Polarised.

Enjoy full UV protection in the exposed environment of the water's edge.

In terms of tints, grey is ideal for the inevitably intense light you get around water - though amber may be preferable in poor light conditions.

Polarised lenses are particularly useful. Nothing cuts glare better and the effect of removing the reflections caused by ripples, allows you a sub-surface view and helps to identify fish movements.

Choose a frame with headband so your eyewear will not be the one that got away!

Archery

Lens suggestion: Clear, Grey, Grey Mirror, Yellow, Orange or Polarised.

High contrast wraparound lenses don't just keep out the wind, grit and dust and allow you to concentrate on the target - they can actually make the target more visible.

On clear or grey days, yellow and orange lenses provide high-contrast tints that enhance visual acuity in poor light. Grey or mirror lenses shut out the glare of bright light.

Cricket

Lens suggestion: Clear, Grey Mirror, Yellow, Orange or Polarised.

Wraparound lenses are mandatory for cricket to give you a vital edge of enhanced peripheral vision.

As light can vary so much through the course of a day's play, you may want to spoil yourself and pack more than one pair in your kitbag. Yellow suits low light, greys and mirror lenses for bright conditions.

Mountain Sports and Activities

Lens suggestion: Clear, Grey, Grey Mirror, Gold Mirror, Yellow, Orange or Polarised.

Cycling Activities

Lens suggestion: Clear, Grey, Grey Mirror, Gold Mirror, Yellow, Orange or Polarised. Every Infield product is tough and offers supreme comfort. Wraparound protection for your eyes against airborne debris and hazards such as tree branches and insects, in addition to cutting out glare and harmful UV radiation. Allowing you to concentrate on the road or track ahead.

An Anti-Fog coating will be of benefit and when doing more strenuous activities, such as Mountain Biking, choose a headband option for total security.

Golf

Lens suggestion: Yellow, Orange or Polarised.

Contrast is very important when deciding upon your intended landing area from the tee or lining up your putt. Yellow or Orange lenses help you determine the grain on the green and assist in identifying those subtle breaks.

Motor Sports and Activities

Lens suggestion: Clear, Grey, Grey Mirror, Gold Mirror, Yellow, Orange or Polarised. Infield lenses are optically precise and matched with the correct tint, will improve contrast and visual clarity to reduce eye strain when driving.

Yellow lenses are particularly beneficial when driving in low light.

For more information on Safety Eyewear, please just get in touch.

We'd be happy to help you choose the correct solution for you.

